



**Department of Education
PHYSICAL EXAM FORM
ELEMENTARY**



School: P.C. LUJAN ELEMENTARY SCHOOL

Student:		DOB:	
<input type="checkbox"/> Male	<input type="checkbox"/> Female	Grade:	HR:
Home Address:			
Father/Guardian:		Mother/Guardian:	
Place of work:		Place of work:	
Phone: Home:	Work:	Phone: Home:	Work:
Cell:		Cell:	
Email:		Email:	

**PART II
IMMUNIZATION AND TB STATUS**

A copy of the **Official Immunization Record** must be attached. Record must indicate the specific immunizations and results of a **TB Skin Test** and date on which they were received. Please refer to **Board Policy 337** or **SOP 1200-020**.

THIS PORTION TO BE COMPLETED BY PARENTS (before appointment:

HEALTH HISTORY (Please indicate age and/or year on past and current medical conditions):

1.	Anemia		9.	Heart Disease	
2.	Asthma		10.	Hernia	
3.	Chickenpox		11.	Mumps	
4.	Convulsions/Seizure		12.	Rheumatic Fever	
5.	Diabetes		13.	Skin Disorder	
6.	Measles		14.	Tuberculosis	
7.	Hay Fever		15.	Vision	
8.	Hearing		16.	Other	

Please complete and provide additional information at the back:

17.	Head Injuries:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Year:	Results:
18.	Previous hospitalization:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Year:	Results:
19.	Allergies: <input type="checkbox"/> Yes <input type="checkbox"/> No (please list): Any specific reaction(s):			
20.	Currently taking medication: <input type="checkbox"/> Yes <input type="checkbox"/> No			
	Name of medication(s): Reason/Diagnosis:			
21.	Special medical needs:	<input type="checkbox"/> Yes <input type="checkbox"/> No (specify):		
22.	Disability:	<input type="checkbox"/> Yes <input type="checkbox"/> No (specify):		
23.	Prosthesis:	<input type="checkbox"/> Yes <input type="checkbox"/> No (specify):		
24.	Glasses:	<input type="checkbox"/> Yes <input type="checkbox"/> No (specify):		
25.	Hearing Aid:	<input type="checkbox"/> Yes <input type="checkbox"/> No (specify):		
26.	Has the student ever stopped exercising because of dizziness or passing out during exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No			
27.	Does the student have asthma (wheezing), hay fever or coughing spells after exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No			
28.	Has the student ever had a broken bone, had to wear a cast, or had an injury to any joint? <input type="checkbox"/> Yes <input type="checkbox"/> No			
29.	Does the student have a history of concussion (getting knocked out)? <input type="checkbox"/> Yes <input type="checkbox"/> No			



30.	Has the student ever suffered a heat-related illness (heat stroke)? <input type="checkbox"/> Yes <input type="checkbox"/> No
31.	Does the student have a chronic illness or see a doctor regularly for any particular problem? <input type="checkbox"/> Yes <input type="checkbox"/> No
32.	Any medical reason why this child should NOT participate in Physical Education or related activities? <input type="checkbox"/> Yes <input type="checkbox"/> No
Please give details on any "Yes" answer(s) from the above health history.	

NOTE: It is important to notify the School Health Counselor or School Administrator of any changes in the health status of this student.

Parent/Guardian Print & Signature

Date

Remarks:



**PART II:
PHYSICAL EXAMINATION (TO BE COMPLETED BY HEALTH CARE PRACTITIONER):**

T-P-R-BP: _____ / _____ / _____ / _____

Height: _____ **Vision:** Right 20/____ Corrected: Yes No **Hearing:** Right _____

Weight: _____ **BMI:** _____ Left 20/____ Contacts: Yes No Left _____

Complete Each Item Below	Normal		Describe Findings if Abnormal or Reason for not Examining
	Yes	No	
General appearance			
Skin			
Hair			
Nails			
Eyes: External (Pupil/Cornea)			
Optic Fundus			
Auditory Acuity			
Muscle Balance			
Ears: External			
Auditory Acuity			
Tympanic Membrane			
Nose			
Mouth			
Pharynx			
Larynx			
Speech			
Teeth/Gums			
Neck/Lymph/larynx			
Cardiovascular			
Respiratory			
Gastro Intestinal			
Genital-Urinary			
Muscular Skeletal			
Scoliosis Screening			
Neurological Impressions			
Nutritional Status			
Behavior during Examination			
Other			

PART III: LABORATORY TESTING (If Required)

Hemoglobin: _____ Date: _____ Hematocrit: _____ Date: _____
 Other Test: _____ Result: _____ Date: _____

This child is physically fit to participate in physical education and/or athletic events and related activities.
 Yes No

Diagnosis/Findings	Treatment	Follow up plan

Name of Health Care Provider (Print) Signature Date

Clinic Name & Phone Number

